MOAA® Military Officers Association of America



Hot Bama!

Yes, it is getting hot down here and us Yankees are suffering! Love it or leave it I guess, so here we are. I hope everyone is enjoying their summer and getting out and about now that we are "almost" post COVID. There are still way too many positive tests though, so be sure to get your booster shots and stay safe. Still no guarantee that you are 100% immune, but if you do get it, the symptoms and hospitalization rate will be much lower.

We had 23 members at our June chapter luncheon meeting, and all had a good time. We will gather again at 11:30 on July 7th, at Danberry, so please come and enjoy.

A big shout out to our members that helped with some of the many Memorial Day observances. The 4th of July will be a celebration of our freedom, which we often take for granted. The war in Ukraine certainly makes us all think just how fortunate that we are. So enjoy the holiday and remember what it's all about.

Take care and we look forward to seeing you all at a chapter meeting soon!

Respectfully, Don & Patrícia



Volume 122 Issue 7

July 2022

Officers' Call

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Personal Affairs Anne Hartline				
Surviving Spouse Liaison Donna Martin				
Newsletter Linda DeMarco, LTC. USA (Ret)				

Statement of Publication

Officer's Call is the newsletter of the Greater Birmingham Chapter—Military Officers Association of America. It is published once each month to inform the membership of issues and activities of interest to all.

GBC MOAA is a non-profit 501(c)19 entity in the state of Alabama organized to represent the membership and to support the activities of the Alabama Council and MOAA National.

MOAA and its affiliated chapters and councils are non-partisan.

Advertising contained in the newsletter is not endorsed by MOAA or its affiliate the Greater Birmingham Chapter and does not represent any recommendation to the membership. Opinions expressed in articles contained herein are not necessarily those of the membership as a whole or the Chapter. Questions should be directed to newsletter@moaabirmingham.org. JULY MEETING/SPEAKER

July 7 meeting will be an informal lunch meeting at 11:30 am at Danberry with no speaker. Menu TBD. Reservations must be made by noon Monday, May 30, 2022, with Doug Markham via phone - 205-420-2631 or email - <u>dgmarkham3143@gmail.com</u>,

I have an important question for you in this month when we celebrate our nation's Independence: what is something that is essential for human life, is highly contagious, yet most of us take it for granted? Any ideas? *It's kindness.* You might think I'm exaggerating when I say it's essential for human life and highly contagious, but I believe I can back that up.

IPLAIN'S CORNER

A student once asked anthropologist Margaret Mead what she considered to be the first sign of civilization in a society. What separates an uncivilized collection of people from a true civilization? Mead could have mentioned the first signs of tools, like grinding stones or clay pots for holding food and water. She could have mentioned art, like cave paintings or carved statues. Instead, Mead said the first sign of civilization in her opinion was when an ancient skeleton was found with a healed thighbone. Why is that a sign of civilization?

It was Mead's estimation that in a competitive, primitive culture where people had to hunt and escape predators to survive each day, the fact that someone set aside their own work in order to care for another's injury was *a sign of civilization*.

As Mead said, "A broken femur that is healed is evidence that someone has taken time to stay with the one who fell, has bound up the wound, has carried the person to safety and has tended the person through recovery. Helping someone else through difficulty is where civilization starts."

That's good, isn't it? *"Helping someone else through difficulty is where civilization starts."* That's a great thought for today. One of Jesus' most famous stories is the *Story of the Good Samaritan*. Refresh your memory by reading it in Luke 10:25-37.

Research on kindness shows that when we experience or witness acts of kindness, we are much more likely to offer kindness to others. This is the contagious aspect of kindness.

Blessings in this Birthday Month for the USA.

Dan Phifer

Chaplain (LTC-R) U.S. Army

The GBC MOAA 2022 Recruiting Season Continues

Continuing

As you know, there are three national MOAA membership levels – Basic, Premium, and Life. Each level has its own set of unique benefits with Life membership is the highest level possible. All "Non-lifers" can upgrade at any time. For further information, refer to <u>National MOAA Life membership</u>

Veterans helping veterans is not for everybody, but it is what GBC MOAA is all about.

Last year several members of GBC upgraded their National MOAA membership level and there are already a large proportion of national MOAA Life members in our chapter. The Greater Birmingham Chapter attains recognition for each and every National MOAA membership upgrade.

<u>Upcoming</u>

Summer Luncheon meetings at Danberry (July and August).

The Greater Birmingham Chapter makes it as easy as possible for eligible individuals to join.

Individuals can join or renew in seconds with GBC electronically. If you know of anyone who qualifies to belong, our chapter's membership page is <u>GBC MOAA Website</u>. Please email this hyperlink or ask a prospective GBC member to visit our chapter's website.

Application for Membership/Renewal – Greater Birmingham Chapter MOAA (Please print or type)						
First Name MI	Last Name	Grade Rank	Preferred Name	Name of Spouse		
Branch of Service:	_ Army Air Force _	_ Navy Marines	Coast Guard Of	ther:		
Status: Active Dut	ty Retired Natio	onal Guard <u>Rese</u>	rve Former Membe	er Surviving Spouse		
Mailing Address		City	State	Zip Code		
Telephone #:	Date of Bir	th:Email	Address:			
National MOAA Mem	bership Number:	National M	lembership Type:	Basic Premium Life		
Renewal or Ne Regular Members Supporting Memb	w Membership (mem hip or Surviving Sp ership (\$50) or Su electronic communica	abership runs by ca bouse: \$20/year staining Membersh	lendar year) \$35/2 years \$! hip (\$100)	50/3 years		
Mail this form to Greater Birmingham Chapter MOAA, P.O. Box 530153, Birmingham, AL 35253						
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LEISLATIVE UPDATE

(Visit Legislative Action at http//www.moaa.org)

VA Breast Cancer Screening Bills Signed into Law by Rene' Campos

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Congress recognized the need to provide veterans (women and men) with the necessary preventative services to address breast cancer in the ranks by passing the <u>Making Advances in Mammography and Medical Options (MAMMO)</u> for Veterans Act. On June 7, President Joe Biden signed the measure into law along with eight other <u>bills</u> that will honor and improve care for veterans. The bipartisan legislation expands veteran's access to high-quality breast cancer screenings and lifesaving cancer care. This bill will:

- Launch a pilot program providing telemammography to veterans in states where the department does not offer mammograms or where access to the tests is limited.
- Upgrade VA breast imaging facilities to use digital breast tomosynthesis better known as 3-D breast imaging within two years.
- Compile a series of reports and studies on multiple topics, including the feasibility of studying genetic testing for the breast cancer gene among veterans, access to mammography services for paralyzed and disabled veterans, and an overall report on veterans' access to, and quality of, VA mammography screenings.

Total Team Effort: Toxic Exposure Reform Bill Passes Senate, Heads Back to House by Kevin Lilley

On June 16, the Senate voted 84-14 to pass the Sergeant First Class Heath Robinson Honoring Our Promise to Address Comprehensive Toxics (PACT) Act of 2022, sending the bill back to the House for consideration. The House previously passed a version of the omnibus toxic exposure reform legislation 256-174. While the bill is expected to clear the chamber again, MOAA is asking its members and others to reach out to their representatives and secure their support for expanding VA care to more than 3.5 million veterans, adding 23 ailments to the list of those connected to toxic exposure, funding dozens of new VA facilities in 19 states, and improving toxic exposure-related screening, research, and claims processing. MOAA has supported multiple attempts at much-needed comprehensive toxic exposure reform, with efforts picking up in recent years. The Congressional Budget Office (CBO) estimated the House-passed version would cost \$322 billion, <u>per a Military Times report</u> -- \$43 billion more than the CBO score for the Senate version. Savings would come from delays to some benefit implementation and the use of community care programs to cover some testing and examination requirements, according to the report.

<u>NDAA Update: House Tackles Pay Raise, End Strength, Medical Billets, and More By MOAA Government Relations</u> <u>Staff</u>

The House Armed Services subcommittees have completed their work on the FY 2023 National Defense Authorization Act (NDAA) – annual legislation addressing all manner of defense-related topics, including several of <u>MOAA's legislative</u> <u>priorities</u>. Work on the bill continues in the Senate, and reconciliation in full committees of the House and Senate is pending. The subcommittee markups and hearings are good indicators of what the final NDAA likely will include. Some of the items being addressed by the NDAA are end strength, pay raises, military health care, military housing, spouse employment, childcare, military hunger prevention, suicide prevention, and barracks privatization.

MILITARY SPOUSE'S CORNER



Surviving Spouse Corner: 4 Resources for Older Adults

By: Renée Brunelle

The community of military spouses, encompassing all past and present, is a resilient group of individuals. The ability to change plans in a moment's notice is a skill acquired over years of experience. The other amazing characteristic of military spouses is that we support each other and share tools, benefits, and resources no matter how long we have known each other.

Here are four such resources to consider:

VA Aid and Attendance: Also known as housebound allowance, VA Aid and Attendance might be able to provide a monthly financial benefit to assist with personal care services. Financial and physical considerations need to be investigated. Local veteran services organizations are a great place to get neutral information and support. Learn more through the VA Aid and Attendance:

Geriatric Care Managers: Hiring these professionals can be an unmatched option of support for seniors who do not have family members close. They are social workers for hire who can be on a retained contract or situational contract in case of emergency needs. Their experience can help you navigate insurance coverage, emergency services, or placement recommendations if you are looking into senior living locations.

Board-Certified Elder Law Attorney: Often attorneys will list that they offer estate and/or elder law specialties. This is an important area in that "what you don't know will hurt you." A board-certified elder law attorney has a higher level of training and expertise. Learn more through the <u>National Elder Law Foundation</u>.

Senior Real Estate Specialist (SRES): This designation for Realtors means that they have done advanced education for working with home buyers over the age of 50. Often, they have a network of additional businesses and services that will assist in making the real estate transaction as smooth as possible. Learn more through the <u>SRES Council</u>.

GREATER BIRMINGHAM CHAPTER INFORMATION

HAPPY BIRTHDAY

Mac Chandler 1 Don Lehman 10 Dan Phifer 11 Mary Jensen 12 James Oliver 15 Dale Murray 16 Ann Munson 16 Jeff Bast 17 Jerri Barnhill 23 Nell Douthit 25 AL Goodwin 27 Donna Martin 29

MOAA on-line photo directory

Below is a sample of our chapter on-line photo directory, available via a private link to our members only on our website. It can be found at: <u>http://moaabirmingham.org/#</u>. You will need to request a log-in/join if you gave not already in order to access the "Members Only" page. If you and or your spouse do not have and would like to have your photo(s) in the directory, please send a selfie or photo to Donna Martin at: donnamaemartin@aol.com.



Killian, III, Sam P. 4545 Magnolia Drive Birmingham, AL 35242 Email: spkiii@bellsouth.net Spouse: Martha T. Killian marthak36@gmail.com USN Ret CDR Life 205-408-7721 (h) 205-903-6638 (c) BD: 8/28 *BD: 11/10*





Lehman, Donald D. (Don) U: 1204 Greystone Parc Drive Birmingham, AL 35242 Email: don.lehman1@gmail.com Spouse: Patricia A. Lehman islandmomma1@gmail.com

USMC Ret LTCOL Life 404-441-3882 (c) m BD: 7/10 *BD*: 11/20 404-725-7152 (c)



Greater Birmingham MOAA Coins

The new Greater Birmingham Chapter MOAA Challenge Coins are now available to order for only \$10 per coin! This coin will make a wonderful gift and must-have for any challenge coin collection. You can also order coins by contacting:

LTC (ret) Don Lehman at <u>don.lehman1@gmail.com</u>.

Display cases are available for \$1 each, and orders to be mailed should add \$1 per coin.



ID CARDS

DoD: No Further Extensions Planned for Expired ID Cards!

Many of us have had our ID cards automatically extended due to the COVID. However, that indefinite extension is now ending on January 31, 2022. If your ID card has an expiration date that is past or expires this month, you will need to renew it ASAP. There are several locations that you can do that here in the Birmingham area, just google "military ID card renewal near me" and a bunch of them will come up. Some may require an appointment and be sure that you have the needed documentation when you go; they can tell you what you need when you call. Don Lehman



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Lt. Col. (Ret) Mac Chandler, Family Service Counselor 205-879-3401 RidoutsValleyChapel.com

Donald Lehman LtCol USMCR (retired)

Consulting Petroleum Geologist AAPG CPG #4560

Lifetime memberships: MOAABirmingham.org AlabamaMarine.org VVA.org - DAV.org

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Hours

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